

Safe Kids at Home: Medicine Safety



Simple Steps to Keep Kids Safe
Around Medicine

SURPRISE!



**Look what
I can do!**

Why is Medication Safety important? Nationwide...

Every 9 minutes a child
goes to an Emergency
Room for medication
poisoning

Kids are getting into
medicine nearly 500,000
times per year

Every 12 days, a young child
dies from medication
poisoning

What is Important? Nationwide...

- **Toddlers and Teens are Most At-Risk**
- **The increase of medicines in the home since 1980 is staggering**
- **Today there are 3 times as many prescriptions filled in the U.S. and 5 times as many dollars spent on over-the-counter medicines.**

San Joaquin County



More than 800 children
were seen in emergency
departments for accidental
poisoning in the last 5 years

Approximately 64%
of accidental poisoning ED
visits were due to
medication

It's preventable!

What can we do?

- Store medicines safely
- Give medicines safely
- Get rid of expired or unused medicines safely
- Talk to family and friends about medication safety



What is medicine?

- Adult medicines and vitamins
- Children's medicines and vitamins
- Eye drops
- Diaper rash remedies



Store medicines safely

- Keep medicines and vitamins up and away and out of sight, where children can't see or reach them
- Put medicines up and away after *every* use



Just One Minute



In ER visits for medicine poisonings, parents often say that they only turned their back for a minute.

**SAFE
K:DS**
WORLDWIDE™

Curious Climbers



Research indicates in about half of over-the-counter poisoning cases, the child climbed on a chair, toy or other object to reach medicine.

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Where is your medicine?



In your purse or backpack?



On a table or nightstand?

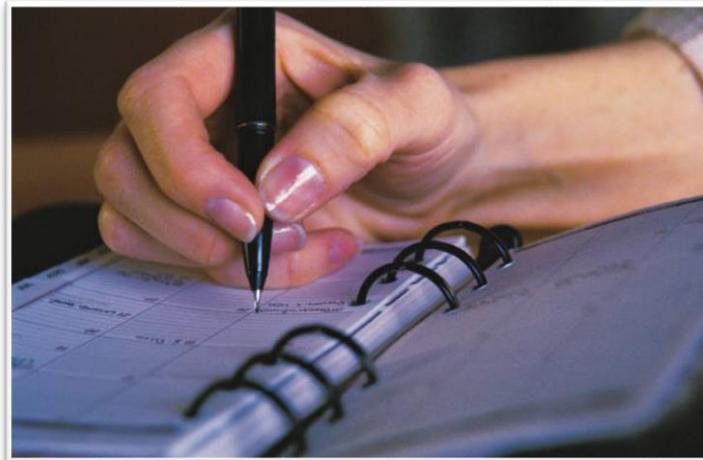
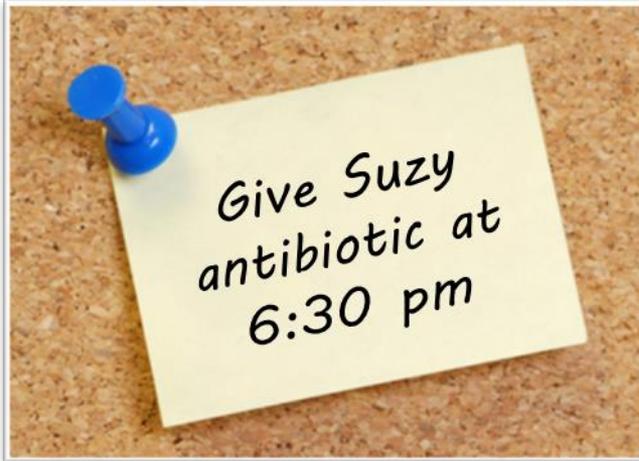


On kitchen or bathroom counters?



In low cabinets or drawers?

Set reminders



Store medicines safely

- Store medicine in original container
- Buy medicine in child-resistant packaging when available and close it tightly after each use



Child-Resistant, Not Childproof



Research suggests that about half of accidental medicine poisonings in young children involve child-resistant packaging.

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Give medicines safely

- Read and follow the label
 - Know the active ingredients in your child's medicine
 - Don't give your child more than one medicine with the same active ingredient
 - Read the warnings, know the side effects, and understand when to stop taking the medicine and call a doctor



Give medicines safely

- Check the dosing
 - Make sure you give the right dose at the right time
 - When measuring liquid medicine, use the dosing device that comes with the medicine you are giving
 - Teaspoon (tsp.) vs Tablespoon (tbsp.)





Getting help

If you have questions about
your child's medicine, call the:

Child's Doctor

Pharmacist

Poison Control Center

1-800-222-1222

Poison control centers

Know the number – put it in your home and cell phones

- **1-800-222-1222**

When can you call the poison center?

- 24 hours a day, 7 days a week
- It's free and confidential

Who answers the poison center number?

- Nurses, pharmacists, doctors and other poison experts

Poison control centers

When should you call the poison center?

- If you have questions about giving medicine
- If your child was given the wrong amount of medicine
- If your child has taken medicine that he or she was not supposed to take

When should you call 911?

- If your child stops breathing
- If your child collapses
- If your child has a seizure



Medication Disposal Take-back program



National Prescription Drug Take Back Day (2 x per year)

- Local Police Departments and County Sheriffs' Offices
- Last Saturday in April and October
- Safe, convenient, and responsible way to dispose of unused or expired prescription drugs.
- Take-Back Day in April 2019 brought in more than 900,000 pounds of unused or expired prescription medication.

<https://takebackday.dea.gov/>

Drop-off sites

ESCALON

Escalon Police Dept.
2040 McHenry Ave.
Escalon, CA 95320
(209) 838-7093

Vineyard Pharmacy and Gifts

1900 McHenry Ave #202
Escalon, CA 95320
(209) 838-0511

LATHROP

Know a location that takes this material?
Call us at 468-3066

LINDEN

Know a location that takes this material?
Call us at 468-3066

LOCKEFORD

Lockeford Drug
14090 E. Highway 88
Lockeford, CA 95237
(209) 727-5527

LODI

Community Medical Centers,
2401 W. Turner Road, Suite 450
Lodi, CA 95242
(209) 370-1700

Fairmont Pharmacy
1121 W Vine St, Suite 13
Lodi, CA 95240
(209) 625-8633

Lodi Police Dept.
215 Elm St.
Lodi, CA 95240
(209) 333-6727

Walgreens # 296175
N. Ham Ln.
Lodi, CA 95240
(209) 369-8575

MANTECA

Community Medical Center
200 Cottage Ave Ste. 103
Manteca, CA 95336
(209) 624-5800

Manteca Police Dept.
1001 W. Center St.
Manteca, CA 95337
(209) 239-8401

RIPON

Ripon Police Department
259 N. Wilma Ave.
Ripon, CA 95366
(209) 599-2101

Drop-off sites

STOCKTON

Angkor Pharmacy

4555 N. Pershing Ave., Ste #7
Stockton, CA 95207
(209) 473-4706

Community Medical Centers,

Channel 701 E. Channel Street
Stockton, CA 95202
(209) 944-4700

Community Medical Centers,

Waterloo 1031 Waterloo Road
Stockton, CA 95205
(209) 940-5600

El Dorado Drug Store

2005 East Mariposa Rd.
Stockton, CA 95205
(209) 464-7722

Kaiser Permanente Pharmacy

7
373 West Ln, 1st Floor
Stockton, CA 95210

Stockton Police Department

22 E Market Street
Stockton, CA 95202
(209) 937-8377

San Joaquin County Household
Hazardous Waste Facility 7
850 R.A. Bridgeford Street
Stockton, CA 95206
(209) 468-3066

TRACY

Abala Pharmacy

550 – B
West Eaton Ave.
Tracy, CA 95376
(209) 832-7080

Grant Line Pharmacy

2160 W. Grant Line Rd., #205
Tracy, CA 95377
(209) 832-2999

Share the information

Whose Medicine Are Kids Getting Into?

- Grandparents – 48%
- Parents – 38%



Share the information

- Talk to caregivers, babysitters, and grandparents about storing and giving your child medicines safely
- Ask guests and family members, especially grandparents, to keep their medicine up and away when they are visiting
- Give a copy of your child's medicine schedule to caregivers who will be giving your child medicine
- Know the Poison Control Center phone number: **1-800-222-1222**



Thank you!

